

## Aurora Services Class Schedule

1/5/26-4/27/26

TIME	GROUP TITLE	PRACTITIONER
MONDAY		
8:15 – 9:30	INSPIRING ONE ANOTHER	Melissa
9:30 – 10:45	BE KIND TO YOUR MIND	Ryan
10:45 – 12:00	ROAM AROUND THE WORLD	Kathi
12:30 – 1:30	THE “CRAFTER” NOON CLUB	Nicole
TUESDAY		
8:15 – 9:30	GAMES GALORE	Ryan
9:30 – 10:45	NEW YEAR-NEW YOU	Nicole
10:45 – 12:00	WALKING IN YOUR SHOES	Kathi
12:30 – 1:30	SUPPORT THROUGH RECOVERY	Lucas
WEDNESDAY		
8:30 – 9:45	CHAIR YOGA	Kathi
9:45 – 11:00	HOME BASE BASICS	Ryan
11:00 – 12:00	RYTHYM IN RECOVERY	Nicole
1:00 – 2:00	SLAY YOUR DRAGONS: THE HERO’S RECOVERY JOURNEY	Lucas
THURSDAY		
8:15 – 9:00	KEEP IT POSITIVE	Melissa
9:00 – 10:30	RECOVERY ROOM	Nicole/Ryan
10:30 – 12:00	USE YOUR NOODLE	Kathi
12:30 – 1:30	TECH TIME	Lucas
FRIDAY		
8:30 – 10:00	FUN FRIDAY	STAFF
10:00 – 12:00	MOVIE GROUP	STAFF
12:00 – 1:00	LUNCH AND WRAP UP	Staff (Ryan)

\*\*\*\*\* Group times are subject to change based on attendance.

Aurora Recovery  
363 Third Street  
Beaver, PA 15009

P: (724)775-2298; F: (724)774-7603

12/23/25